



VOTER

The VOICE of League for Members; the FACE of League for our Communities.

SEPTEMBER 2016 AT A GLANCE

Due to the volume of voter service events, please check the [calendar on the website](#) for up to date information at:

http://lwvncsd.org/Master_Calendar.html

Sat, Sept 3 Coffee Chat with the President
9:30 – 11 am
A Delight of France
126 W. Grand, Escondido

Fri, Sept. 9 LWVNCSD Board Mtg.
10 am -12 pm
LWD Offices

Sat, Sept 10 Fall Kickoff
9:30 – 11 am
Oceanside Library
Community Room
330 Coast Blvd

Mon, Sept 12 Health Interest Mtg.
10 am – 12 pm
Home of Jane Dunmeyer

Mon, Sept 19 Book Group Mtg
1 - 3 pm
Home of Kathy Anderson

OCTOBER 2016 AT A GLANCE

Fri, Oct 14 LWVNCSD Board Mtg.
10 am -12 pm
LWD Offices

Mon, Oct 10 Health Interest Mtg.
9:30 am – 3 pm
Home of Jane Dunmeyer

Mon, Oct 17 Book Group Mtg
1 – 3 pm
Home of Heather Callaghan

Visit us on the web: www.lwvncsd.org

Or contact us by phone or mail:

760-736-1608

PO Box 131272, Carlsbad, CA 92013-1272

Like us on Facebook



By Martha Cox

Please join us at the [Oceanside Library Community Room](#) on Saturday, September 10th from 9:30 – 11:00 a.m. when we take our initial plunge into the busy fall election season. This is the event you've been waiting for all summer long - to learn about plans for the upcoming year; to have an opportunity to volunteer for voter service events and activities; to have an opportunity to find out more about League; and to meet and share with other Leaguers and service-minded community members. The kickoff is open to the public, so ask a friend to join you or a new member to attend with you, or a neighbor who is involved in PTA to come along. In other words, don't come alone! All are welcome.

Along with getting your high-octane jolt of League engagement, there will be a panel of North County educators who will share insights and efforts about civics education in North County schools. *We listened to you* when you said you wanted us to reach out to the educational community. We heard from you at our annual meeting in June, and we built upon your *instructions to the board* at our strategic planning on August 12th. Join in to help us craft the foundational partnership with our educational community that you envisioned. With your help, we will achieve a solid collaborative structure for the future. We hope to see you in Oceanside on September 10th.

LWVNCSD Officers/Directors 2016-17

Officers

Martha Cox	President
Roni Seay	First Vice President & Membership
Liz Gabrych	Second Vice President
Connie Ulrich	Secretary
Arlene Meadows	Treasurer

Directors

Suzanne Carneiro	Webmaster
Jane Dunmeyer	Health Care
Cathy Greene	Voter Service
Margaret Liles	Voter Editor
Don Omsted	Natural Resources
Norelynn Pion-Goureau	Local Education Outreach
Nancy Telford	Special Projects
Henry Williams	Community Outreach

Unit Chairs

Anne Patton	San Dieguito Unit Chair
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Off-Board Directors

Claudine Jones	Education
Liz Kruidenier	Behavioral Health
Jackie Stone	Speakers' Bureau
Mary Thompson	Civic Engagement



The League of Women Voters, a non-partisan political organization, encourages informed and active participation in government and influences public policy through education and advocacy.



President's Message

Martha Cox

Welcome back! Are you ready to dive into an exciting election season? There's an event or a task just waiting for you. If you see something in this issue or on the website that sparks your interest, make contact with the event chair. Don't wait to be called. You'll make someone's day with your offer and you will feel good knowing that you made a personal contribution to safeguard democracy this fall. You'll be glad you did and so will your community.

Stay on top of fall events; check the online [calendar](#) often at our [website](#). Here are some highlights:

- Interested in informing our communities about the ballot propositions? Contact Anne Omsted at daomsted@cox.net. Plan to attend *training on Wednesday, Aug. 31st at 10:00 a.m.*
- For those of you who live in the Escondido, Valley Center, San Marcos area, mark your calendar for the next informal League coffee chat at [A Delight of France](#) in Escondido on *Saturday, Sept. 3rd from 9:30 – 11:00 a.m.*
- Mark your calendar for the *Fall Kickoff on Saturday, September 10th from 9:30 – 11:00 a.m.* at the [Oceanside Library](#) Community Room. You'll find great ways to engage!
- Mark your calendar for Politifest at SDSU on *Saturday, September 24th from 9:00 am – 4:00 pm* and visit the LWV booth, collaboratively staffed by San Diego and North County San Diego Leaguers.

Our work has never been more needed and our efforts never more valued as voters search for unbiased facts on which to base an informed vote at the ballot box. Sincere thanks to those who are actively engaged in providing that service for voters in our communities.

In League for our democracy,

Martha

September Meetings

Coffee Chat with the President Members and Guests Welcome

Saturday • September 3

9:30 am – 11:00 am

A Delight of France Cafe

126 West Grand, Escondido

Join LWVNCSD President Martha Cox for coffee and conversation about League. Bring your questions and suggestions. If you live in the area, we hope you will join us to meet with your fellow Leaguers and guests in an unstructured social setting. Please join us at the Beach Plum Café in Carlsbad, October 1st. If you have a suggestions for the November coffee in San Marcos/Vista, send it to send it to Martha at marthacox@roadrunner.com

Fall Kickoff

Members and Guests Welcome

Saturday • September 10

9:30 am – 11:00 am

Oceanside Library Community Room

330 Coast Blvd., Oceanside

See Page 1 for more information.

Health Interest Committee Meeting

Members and Guests Welcome

Monday • September 12

10:00 am – 12:00 pm

Home of Jane Dunmeyer

By Jane Dunmeyer

The Health Interest Committee will resume their monthly meeting on Monday, September 12, from 10:00 am to 12:00 pm at the home of Jane Dunmeyer. The committee is gearing up to give a presentation to the LWVNCSD about what they have learned are the important things to consider when evaluating assisted living facilities. Between fifteen and twenty-five percent of Americans will spend some time in assisted living, either temporarily or as their last residence, so this information is vital for healthy and happy living. We welcome all members, and members who have not been part of the committee will be “caught up” on the information. Call Jane at 760-473-7931 for address and directions. We meet on the second Monday morning of the month.

Book Group Meetings

All Members Welcome

Monday • September 19 • 1:00 – 3:00 pm

By Kathy Anderson

The Book Group will meet on Monday, September 19 at 1:00pm at the home of Kathy Anderson to discuss *Salt: A World History* by Mark Kurlansky . If you are interested in coming, please RSVP to Kathy Anderson at kathsand@sbcglobal.net or [760-634-2841](tel:760-634-2841).

Welcome New Members:

Nicole Nelson

—Nicole is a teacher in the Del Mar Schools and will be helping at candidate forums.

Francis Carillo

—We are delighted that Frances is rejoining us, welcome back!

The LWVNCSD has many candidate and pro and con forums scheduled, as well as voter registration events. To see when and where these events are happening, go to

http://lwvncsd.org/Master_Calendar.html

ANOTHER WAY TO PROVIDE VOTER SERVICE

By Anne Omsted

Our League teamed up with the San Diego County Registrar of Voters in June to offer a special service to Mail In Ballot voters. We had teams of two League members at the Encinitas Library for the week before the Primary election with an official Ballot box where voters could personally turn in their ballots. It was very popular and we have agreed to do it again the week before the November 8th election.

This time around we are going to serve two libraries – the Encinitas Library on Cornish Drive, and the Dove Library in Carlsbad. More League volunteers are needed. Please consider trying this special kind of service and enjoy the location and the many voters who are so thrilled to have this convenient service so close to home.

This is what this particular task involves. First, you need to fill out the paperwork to become a temporary County employee. This is because the Registrar can only have employees near the official ballot boxes. Everyone is paid by the hour for their time. After you have returned the paperwork to the County, then you are called to get your fingerprints taken at a special machine down on Kearney Mesa. This is an interesting experience, and only has to be done once. Although you can work for the Registrar again in the future, the fingerprints are only required at the time of first hire. Then we will have a training session for the League members by the Registrar of Voters, and I will arrange to have this at Dove Library. Then I will make up a schedule, send it to everyone to make sure they are good with their assigned times, and we carry out our project for that one week. The dates would be November 1st to November 7th. Please call me at [760-753-6970](tel:760-753-6970) if you need more information and to get an application form. I hope to hear from many of you.

Lilac Hills Ranch Initiative – LWVNCSD Opposes County Measure B

The North County San Diego League joined the San Diego League and others in opposition to the Lilac Hills Ranch initiative, which would amend the County General Plan. The language of the [measure](#) can be found at the Registrar of Voters website.

Volunteer Now for our Exciting Fall Election Season

By Cathy Greene

The loud bangs, pops, and sizzles you hear all over North County are the exploding requests our League is receiving for voter services of all kinds!

We are so excited for this election season and we hope our League volunteers are too! We have jobs to do—both big jobs and small jobs. Election season programs and events are fun events. We learn so much about our communities, we get to know our fellow League members, and we have a great time doing it.

We have 10 forums scheduled so far, 21 pro and con presentations, and 3 voter registration events, and the phone is still ringing! You can view the events calendar on our lwvncsd.org website to see for yourself how busy we are.

So please give us a call or email to let us know that you are willing to help. And know that we will be calling you to add your name to the list of our many volunteers. We will need help with voter registration, assisting at candidate forums, and presenting the State ballot measures. We train all volunteers so don't worry if you have never helped during an election season before.

Anne Omsted is conducting a training session for the ballot measure discussions on August 31st. If you like doing research and would enjoy learning about the ballot measures, this is for you. For candidate and issue forums, our League supplies volunteer moderators, question sorters, timers, runners (to distribute and collect question cards from the audience), and we always like to have a member ready to welcome guests and to answer questions about the League and hand out membership

information.

Call or email Barbara Lorenzen if you can assist with voter registration, Anne Omsted if you would like to learn to be a ballot measure presenter, Roni Seay for moderator training, or Cathy Greene if you are interested in working on a candidate or issue forum or if you have any questions about any of the events or jobs. See you there!

Cathy Greene, Voter Service Chair

Csgreene49@aol.com 858-771-1156



By Mary Thompson

For nearly 100 years the League of Women Voters has fought to improve our democracy through a clear goal: *the informed voter*. Early on, the obstacles to LWV's work were tangible: 1) organize a disparate, grassroots effort into a national movement and 2) amend the U.S. Constitution to extend suffrage.

LWV's goal of *the informed voter* remains, but today's obstacles are more nuanced. Informing voters can become one more casualty as our society blocks out information that doesn't fit. The result? Increased polarization.

One explanation lies in neuroscience research. How our brains organize information is a clue. [Cognitive research](#) shows how our brains use theoretical mental structures to organize information. A schema (singular form of schemata) is like a mental map of concepts that hangs together by associations. If our ideas didn't hang together in a structured way, we'd find making even basic judgments extremely difficult.

Therein lies the rub: pre-established schemata guide our attention to evaluate new information, but they can also guide our attention to selectively ignore information inconsistent with the schemata. Why? When a well-established schema is called into question, the brain reacts as if threatened; the amygdalae fires up (threat response). Ambiguity, which might result from new information, is a threat.

Why does this matter to LWV? In thinking about our goal of an *informed voter* in the 21st century, understanding what keeps people from listening to each other can be an obstacle to overcome toward our goal of *the informed voter*. Our challenge is to help LWV adapt and succeed in a changing environment.

Those who cannot change their minds cannot change anything

[George Bernard Shaw](#)

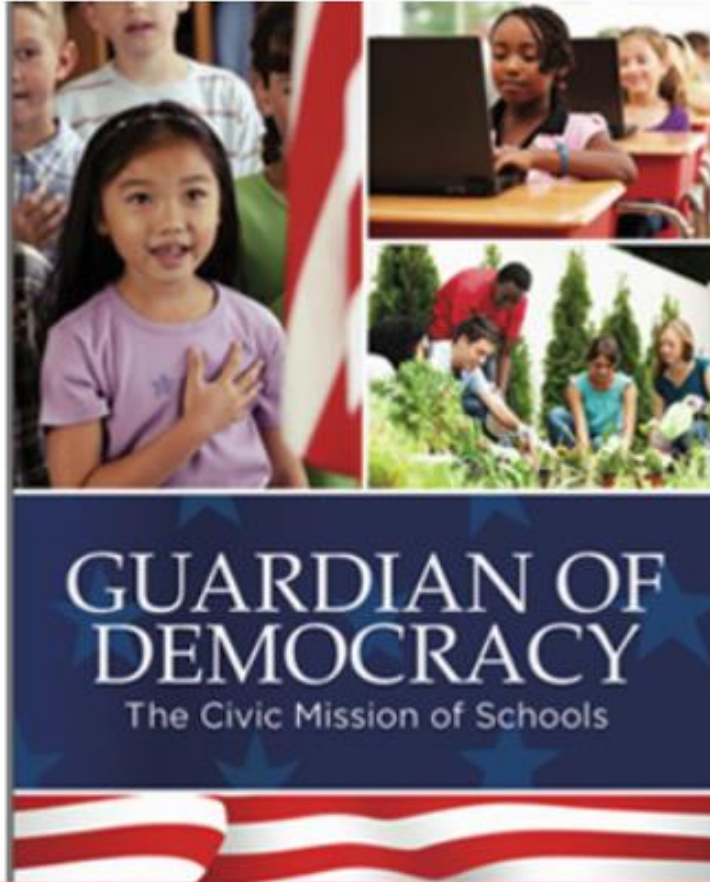
CULTURAL COMPETENCE PLAN INTRODUCTION 2016

By Liz Kruidenier

The County of San Diego has long had a commitment to cultural competence. Sharing a border with Mexico, San Diego has one of the highest rates of immigration of all of California's counties. The 2010 Brookings Institution report says that more than 22% of San Diego's population was born in another country and 42% of children have one or more foreign born parents. In addition to ongoing immigration from Mexico, Central America, and South America, the 2014 Office of Refugee Resettlement report shows that recent immigrants/refugees have included people from the following five countries of origin (in order of the proportion of total arrivals): Iraq, Iran, Somalia, Burma, and Afghanistan.

The need to provide physical and mental health services to persons from many diverse cultures has been acknowledged throughout all parts of the County's Health and Human Services Agency, whether it be through Public Health, Behavioral Health, Aging and Independence Services, County Medical Services, etc. for persons receiving Medi-Cal and low income residents. The Health and Human Services Agency for San Diego has begun a ten-year effort called "Building Better Health Program" to align County services to promote both physical and mental health in collaboration with community partners and businesses. The goals are to build a better system, support healthy choices, and pursue policy changes for a healthy environment. This service has evolved into a greater, long-term Live Well San Diego vision to improve the health, safety and quality of life of all County residents.

The County of San Diego provides mental health services to over 60,000 children, youth, transition age youth, adults, and older adults each year. The services are largely contracted out, with few County programs. The County of San Diego Behavioral Health Services (SDCBHS) and its contractors provide services through approximately 200 programs, 350 school-based mental health sites, and over 700 Fee-for-Service practitioners under contract to the SDCBHS's Administrative Services Organization, Optum.



League of Women Voters®

North County San Diego Fall Kickoff

Join us for a Community Forum with an outstanding panel of North County education leaders!

Saturday, September 10, 2016 • 9:30 a.m.

It takes a village to nurture and inspire our students to be engaged, informed citizens. Leading educators from North County public schools and California State University San Marcos will share their stories about the aspirational work they are doing. The Public is Welcome.

Oceanside Library Community Room

330 Coast Hwy, Oceanside

9:30 – 11:00 a.m.

For more information (760) 736-1608

Election Year Special

First time members can now join for

\$30!

Ask your friends to join us now.

**LWV North County San Diego
Membership Application**
~ Share this with a friend! ~

Membership is open to all persons who are at least 16 years of age. Others are welcome as Associate Members.

Name _____

Address _____

City _____ State _____ Zip _____ - _____

Phone _____ Cell _____

E-mail _____

Please make check payable to LWVNCSD
and mail to:

LWVNCSD • Attn: Membership
PO Box 131272
Carlsbad, CA 92013-1272

or join online at:

http://www.lwvncsd.org/join_form.html

The LWVNCSD is a 501(c)(3) organization

Dues:

- \$30 **FIRST** year
- \$60/year
- \$30/year for 2nd member, same address
- \$30/year Students enrolled in accredited Institution.

Additional levels of giving (thank you!):

- \$100/year • Suffragist
- \$200/year • Activist
- \$300/year • Advocate
- \$500/year • Founders Circle

I am interested in the following:

- Voter Service
- Public Policy and Action
- Natural Resources and Land Use
- Organizational Support
- Community Outreach
- Health
- Book Group
- Other _____



LEAGUE OF WOMEN VOTERS

*North County San Diego
Post Office Box 131272
Carlsbad, CA 92013-1272*

FIRST CLASS



September, 2016

Volume VI, No. 6

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The League of Women Voters does not support or oppose any political party or candidate. We do, however, take action on selected government issues in the public interest.

Have you checked North County League's website this week?

Stay current, stay active, stay informed!

www.lwvncsd.org

LWV California
www.lwvc.org

LWV United States
www.lwv.org

