

Bobbi Beale, Psy.D., is a clinical psychologist and co-director of the Center for Innovative Practices and the child and adolescent behavioral health COE at Case Western Reserve University. Beale has more than 35 years of practice and expertise in trauma, resilience, system of care and behavioral health treatments for children, youth and families. Specializing in intensive home-based treatment and adventure therapy, she spends most of her time training, consulting, researching and providing technical assistance to support providers serving youth and their families who are involved in multiple service systems. She is currently working with a native-owned-and-operated health care system in Alaska, designing nontraditional therapy programs for Native Alaskan youth and families with a history of personal, cultural and historical trauma. For more than 20 years, Beale has used adventure therapy because it naturally aligns with trauma-informed care and because its anti-oppressive practices bring awareness and change to systems of care that keep punishing participants for having trauma responses to their environments. She is coauthor of the textbooks *Adventure Group Psychotherapy* and *Individual Adventure Psychotherapy*.