

INVITATION

Please join us for the
League of Women Voters of Weston

ANNUAL MEETING

Wednesday, June 24, 2020

6:30 at 52 Bogle Street (home of Kathy Rousseau),
State regulations and pandemic conditions permitting.

7:00 on Zoom, if we cannot yet meet in person.

Speaker: Dr. David Kominz

"The Weston Board of Health and COVID-19 in Weston"

Dr. David Kominz has been a member of the Board of Health since 2011. He is a former Researcher at the National Institute of Health, studying Muscle Protein.

David will speak about the role of the Weston Board of Health in monitoring COVID-19 in Weston for the past months. He may be joined by Board of Health Director Wendy Diotalevi and current Board Chair Laura Assam.

It is our hope that the pandemic situation and Government regulations will make it possible for us to meet in person. If so, the meeting will be held outdoors at the home of Kathy Rousseau, 52 Bogle Street. Otherwise the meeting will be held on Zoom. We hope to let you know the definite format and location by June 19.

Schedule of Events:

In person: **6:30** Refreshments and socializing
 7:00 Guest Speaker, Q&A
 8:00 Business Meeting

On Zoom: **7:00** Online access and socializing
 7:05 Guest Speaker, Q&A
 8:00 Business Meeting

Spouses and Friends Welcome!

Please RSVP by June 6 to Katty Chace, 781-891-1087 (tackc@aol.com). Attendance is free, but we would like to know how many people to expect. If you are interested in attending a Zoom meeting, please let us know and be sure to include your email address, so we can send you a link to the meeting.

**THIS IS YOUR ANNUAL MEETING BOOKLET.
PLEASE REMEMBER TO BRING IT WITH YOU TO THE MEETING.**



LEAGUE OF WOMEN VOTERS OF WESTON 2020 ANNUAL MEETING AGENDA

6:30 Refreshments and socializing
(Zoom: 7:00 Online access and socializing)

7:00 (Zoom: 7:05) Guest Speaker: Dr. David Kominz

8:00 Business Meeting

Call to order Katty Chace

Re-adoption of Local Positions Katty Chace

Budget Presentation Tack Chace

Election of 2014-2015 Officers and Directors Katherine Wolfthal

Adoption of Local Programs

Adjourn



League of Women Voters of Weston Proposed Budget 2020-2021

Tack Chace

5/27/2020

INCOME	BUDGET 2019-2020	FY 2019-2020 Actual to date	BUDGET 2020-2021	notes
A. DUES	\$1,600.00	\$1,965.00	\$1,800.00	23 Ind.s, 7 cpl's, 5 life
B. CONTRIBUTIONS				42 members 05-01-2020
1. Member	\$135.00	\$325.00	\$275.00	including LWVW 10% share of MA appeal
2. Non-member	\$50.00		\$50.00	
C. FUNDRAISING				
1. Bulletin ads	\$800.00	\$98.00	\$400.00	
2. Fundraiser				
D. INTEREST	\$1.00	\$0.38	\$1.00	
INCOME subtotal	\$2,586.00	\$2,388.38	\$2,526.00	
(TO) or FROM reserves	\$449.00	\$6.87	\$561.25	
NET	\$3,035.00	\$2,395.25	\$3,087.25	
EXPENSES				
A. SUPPORT				
1. State PMP	\$625.00	\$626.75	\$730.25	paid in July for number of members
2. National PMP	\$925.00	\$912.00	\$1,072.00	reported on February 1st
B. OPERATING				
1. Supplies	\$25.00		\$25.00	paper goods, stamps, etc.
C. BULLETIN				
1. Postage	\$10.00		\$10.00	
2. Printing				
D. ADMINISTRATIVE				
1. President	\$50.00		\$50.00	coffee, cream, postage
2. Board	\$50.00		\$50.00	
3. Membership	\$25.00		\$25.00	
E. FUNDRAISING	\$0.00		\$0.00	
F. MEETINGS				
1. Opening	\$25.00		\$25.00	
2. Annual	\$100.00		\$50.00	food or custodian
G. AFFILIATES				
1. Conventions - alternating years				
a. LWVUS	\$400.00		\$0.00	alternate year= \$400
b. LWVMA	\$0.00		\$200.00	alternate year = \$0
2. Workshops	\$50.00		\$50.00	
H. VOTER SERVICE				
1. Voter education	\$25.00		\$25.00	
2. Fall candidates night	\$50.00		\$50.00	custodian
3. Spring cand. Night	\$50.00		\$50.00	custodian
4. Coffee hours	\$75.00		\$50.00	
I. EDUCATIONAL ACTION				
1. Publications/website	\$250.00	\$850.00	\$400.00	move to MyLO software and website.
2. Program	\$100.00		\$50.00	
3. High school award	\$50.00		\$50.00	
J. POSITION SUPPORT				
1. Expenses	\$50.00		\$25.00	
2. Donations	\$100.00		\$100.00	
K. BANK FEE	\$0.00	\$6.50	\$0.00	
TOTAL EXPENSES	\$3,035.00	\$2,395.25	\$3,087.25	



SLATE OF OFFICERS AND DIRECTORS 2020-2021

Officers:

President	Katty Chace*
Secretary	Kathleen Rousseau*
Treasurer	Tack Chace*

Directors:

Voter Service	Open
Budget Chair	Lenore Zug Lobel
Membership	Katherine Wolfthal
Bulletin Editor	Katty Chace
Legislation	Barbara Fullerton
Natural Resources	Beth Keane
Liaison to the PTO	Lenore Lobel
Advertising	

At Large

Diana Chaplin
Robin Reisman

*Members of the Executive Committee, who may act for the Board between meetings of the full Board.

PROPOSED LOCAL PROGRAMS 2020-2021

LOCAL ISSUE FORUMS: The League will continue our series of Saturday morning Coffee Hours and informational meetings on topics of local interest, including issues facing the town and opportunities to meet and converse with local officials and elected state representatives, in an effort to encourage greater and more informed participation in the democratic process on the part of town residents.

VOTER SERVICES: The League will sponsor voter registration drives as appropriate to increase the voter rolls and to encourage registered voters to exercise their right to vote in an informed way. We will conduct Candidates' and Issues Nights before local and state elections and offer rides to the polls for people in need of transportation.



League of Women Voters Of Weston

May/June, 2020

No. 218

League of Women Voters of Weston

President..... Katty Chace
781-891-1087

Treasurer..... Tack Chace
781-891-1087

Secretary..... Kathleen Rousseau
781-235-6559

Membership..... Lenore Zug Lobel
781-789-3920

Bulletin Editor Katherine Wolfthal
781-891-9549

This LWV/Weston Newsletter is
published monthly except June, July and
August. The LWV is a nonpartisan
political organization open to all
citizens of voting age.

League of Women Voters of Weston
15 Conant Road, Weston MA 02493

VOTER INFORMATION

1-800-882-1649

League of Women Voters
of Massachusetts
133 Portland Street
Boston MA 02114
(617)523-2999

Submit articles
to Katherine Wolfthal by e-mail at
kate@weichi.com

OPENING MESSAGE

KATTY CHACE

We had our second Board Meeting by Zoom in mid-May, and it was a great chance to catch up with board members and ex-members we don't get to see very often (like Robin Coutts in London, Barbara Hill on Long Island and robin Reisman in California). There are still lots of uncertainties out there, but we are determined that we will provide some sort of candidates' event before the Town Election in order to give the voters a chance to hear from the candidates who are running for the three contested seats (Select Board, Moderator and School Committee). The Select Board decided at its meeting last night (May 26) to push the election and Town Meeting back to September (probably Saturday the 12th and Monday the 14th) as budget issues will be much clearer then, and there is at least a chance that voters will be allowed to gather in large numbers indoors by then. Harvey Boshart recused himself from the discussion, as he will be a candidate in that election. We will watch developments closely and keep you posted on what time and format Candidates' Night will take. Michael Wyner of the Town Crier and Alanna Muldoon of WestonMedia have agreed to do whatever they can to help us and the candidates to get out word on their goals and platforms. As soon as we have a date certain to move on, we'll nail down the specifics. We are delighted that Board of Health member Dr. David Kominz has agreed to be the speaker at our Annual Meeting on the evening of Wednesday, June 24. He will speak about the role the Board of Health has been playing in monitoring the COVID-19 situation in Weston for the last two months. He may be joined by Board of Health Director Wendy Diotalevi and current Board Chair Laura Assam. I'm sure we all have many questions for them. We are uncertain at the moment about the location of this meeting. We had originally planned to hold it outdoors at a board member's house, but that will depend on what the rules are at that point about gatherings of more than 10 people. Our alternative will be to conduct the meeting on Zoom, which I had never heard of two months ago, but which has suddenly a big part of all of our lives.

Our activities for this year were obviously curtailed prematurely by our stay-at-home instructions, but we did manage to get in two well-attended Coffee Hours before that happened. Our timing was good, as Representative Alice Peisch's visit in the fall coincided with her victory to get legislation passed to bring in new money to raise the spending of our poorest school systems in Massachusetts, and Senator Mike Barrett came immediately after his legislative victory to pass the carbon tax legislation he had been championing for the last few years.

This seems like a good time to pass along some good advice I got about a year ago from a League friend. If you are bothered by numerous robocalls at the dinner hour, some of them for the 20th time, you should try NoMoRoBo, a service which will screen robocalls, and delete them after one ring. There is no charge for providing this service to home phones, but I gather there is a charge for cell phones. We signed up about a year ago, and our robocalls have been cut by at least 80%. Go on-line to check it out.

CALENDAR

JUNE- SEPTEMBER 2020

**(The date, time and location of many events are subject to change.
Please look for confirmation of dates, times and locations
closer to the date of the event)**

June 24, Wednesday..... LWVW Annual Meeting
Time and location TBA by June 19 All members welcome

September 1, Tuesday..... State Primary
7:00 a.m. – 8:00 p.m.
Town Hall (Precincts 1 and 2)
St. Demetrios (Precincts 3 and 4)

September 9, Tuesday..... LWVW Board Meeting
Location TBA

September (date and time to be confirmed).....LWVW Candidates' Night

September 12 (date to be confirmed).....Town Elections

September 14 (date to be confirmed).....Annual Town Meeting

Tuesday, November 2.....Presidential Election
7:00 a.m. – 8:00 p.m.
Town Hall (Precincts 1 and 2)
St. Demetrios (Precincts 3 and 4)

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WHEN IT'S TIME FOR ACTION

President

President Donald J. Trump
The White House
Washington, D.C. 20510
<http://www.whitehouse.gov/>

U.S. Senators

The Honorable Elizabeth Warren
(617) 565-3170
317 Hart Senate Office Building
Washington, DC 20510
(202) 224-4543
Contact:

www.warren.senate.gov/?p=email_senator

The Honorable Edward J. Markey
617-565-8519
218 Russell Senate Office Building
Washington, DC 20510
(202) 224-2742
www.markey.senate.gov/contact.cfm

U.S. Representative 5th District

The Honorable Katherine Clark
1415 Longworth House Office Building
Washington, D.C. 20515
(202) 225-2836
<http://katherineclark.house.gov/>

Governor

Governor Charlie Baker
Office of the Governor
State House, Room 280
Boston MA 02133
(617) 725-4005
<http://www.mass.gov/governor/constituent-services/contact-governor-office/>

State Senator 3rd Middlesex District

The Honorable Michael J. Barrett
(617) 722-1572
State House, Room 213A
Boston MA 02133-1054
E-mail: Mike.Barrett@masenate.gov

State Representative 14th Norfolk District

The Honorable Alice Hanlon Peisch
(617) 722-2070
State House, Room 473G
Boston MA 02133-1054
E-mail: alice.peisch@mahouse.gov

Weston Board of Selectmen

781-786-5020
Weston Town Hall, P.O. Box 378
11 Town House Rd.
Weston, MA 02493
E-mail: selectmen@westonmass.org

BOARD HIGHLIGHTS

Kathleen Rousseau

Both the May and June meetings were held on ZOOM.

Our major expense has been for a new website. This is designed for local Leagues, after the previous provider closed. We will also present our traditional High School Award of \$50 to some graduating senior.

The budget for next year was presented by Tack Chace, and approved by a vote.

There were discussions of when the Town election and Town Meeting would be held. We were also considering when and how to have a candidates' night, especially since there are contested offices. As of now the contests that we know of are: Select board - Harvey Boshart vs. Mary Ellen Sikes: Moderator - Rip Hastings vs. Catherine Bassick: School Committee - Danielle Black vs. Alyson Muzila. . Alanna Muldoon at Weston Media has offered to help us with our format in making this event available to the most people. We can take questions using Zoom. Other town officers up for election will be asked to talk about the issues facing their committees at this time.

The **Candidates' Night** will be held on the Wednesday or Thursday before the town election on September 12.

Mary Ellen Sikes has presented a citizens petition for the Town Meeting to adopt the "Safe Communities Act". This says that we will not use our resources to help ICE or immigration authorities. People will not be held in jail for ICE to arrive. This act has gone to the state legislature for a number of years and if passed will require some reporting. The police chief says that this is not a problem here.

Some High School students have organized a vigil on Wednesday, June 3 at 10:00 a.m., starting at the Town Green. There will be some speakers and a short walk. The Democratic Town Committee, which has wanted to host something, has joined. The police have been informed and invited.

Our **Annual Meeting** will be held on Wednesday, June 24 outside at the home of Kathleen Rousseau. David Kominz, will speak on the Weston Board of Health response to the Covid crisis. If it rains the meeting will be on Zoom.

LWVM is having a Council on June 13 virtually. The speaker is talking on voting methods. A number of our board will attend.

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2. Clear gutters and empty water from toys and other containers in the yard. Standing water is where mosquitoes will breed.
3. Deter deer from your yard by using deer fencing or natural repellents. (Ask us about our natural deer repellents!) Deer can carry ticks near the home.
4. Keep playground equipment, decks, and patios away from yard edges and trees and place them in a sunny location, if possible.
5. Treat your yard spring through fall with Pure Solutions. We provide safe and effective sprays that protect your yard from ticks and mosquitoes.

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A citizens' petition will be presented at the Town Meeting now planned for September, the intent of which is as follows:

"To see if the Town will vote to recommend to the Select Board, that they adopt the following regulation with regard to the operations of the Town of Weston Police Department."

"PREAMBLE

APPROVING A GENERAL ORDER ON FEDERAL IMMIGRATION ENFORCEMENT AND RELATED MATTERS..."

The purpose of the proposed regulation appears below, followed by a synopsis of its content and rationale.

"PURPOSE

The purpose of this regulation is to increase public confidence in law enforcement by providing guidelines associated with federal immigration enforcement, arrests, detentions, separation of families, and deportations.

WELCOMING REGULATION

It is not within the purview nor mandate of to enforce federal immigration law or seek the detention, transfer, or deportation of residents for civil immigration purposes, nor should town resources be expended toward that end. Under no circumstances shall a person be contacted, detained, or arrested by the Police Department solely based on immigration status, whether known or unknown.

The Department recognizes and values the diversity of the community it serves. The Town of Weston and the Police Department are committed to promoting safety and providing proactive community policing services to all who are located in our community. All community members should know that they are encouraged to seek and obtain police assistance and protection regardless of their specific immigration and/or documentation status.

The Police Department relies upon the cooperation of all persons to achieve our important goals of protecting life and property, investigating and preventing crime, as well as resolving recurring neighborhood issues. Assistance from various immigrant populations is especially important when an immigrant, whether documented or not, is the victim or witness to a crime. It is essential that these individuals do not feel uncomfortable or intimidated in coming forward with the requisite information and general firsthand knowledge to aid in investigating a particular crime. This type of mutual trust and cooperation is crucial in preventing and solving crime incidents, as well as maintaining public order, safety, and security in the entire community. "

WELCOMING WESTON: Summary of the intent and reasoning of the proposed regulation

Based on The Safe Communities Act, this regulation would prohibit police from asking about immigration status or aiding deportations, protect basic rights for non-citizens, and create guidelines for police interactions with Immigration and Customs Enforcement.

1) We should use state and local law enforcement resources to protect public safety.

Immigration enforcement is not our job. It's a distraction, and **it's costly.**

Local law enforcement should be using limited resources to *keep our communities safe* – not do the job of the federal government.

287(g) agreements turn officers into ICE agents **on the town's dime.**

These agreements mean that the state is actually **paying** to distract local law enforcement from their core mission and job, making us all less safe.

2) **Policies that strengthen relationships with law enforcement make everyone safer.**

Our communities are safer when victims and witnesses are *not* afraid to come forward to report crimes. **More fear equals:** more workplace injuries, more uninhabitable dwellings, more unvaccinated children and untreated medical conditions.

That's why many police chiefs across Massachusetts agree that local police officers *should not ask* about immigration status. **BUT we need clear standards:** the current patchwork of policies (different across municipalities) sow confusion and fear.

3) **The Safe Communities Act preserves the integrity of our justice system:**

Allows law enforcement to notify ICE when person is released from custody at the end of their sentence, not before, preserving access to justice for victims, witnesses, and defendants.

4) **The Safe Communities Act keeps families together.**

We have all seen the horrendous family separation happening at the federal level along the southern border. Family separation **happens here in Massachusetts every time a parent is deported.**

Most immigrant families include US citizens and people with varied immigration statuses.

When we collaborate with ICE, we're breaking those families apart.

No child should lose a parent because local officials are dabbling in immigration enforcement – the job of the federal government.

5) **Safety and concern for our whole community are Weston values.**

In the face of the federal administration's continuous attacks on immigrants, we need to protect the dignity of all.

6) **The primary intent of the bill is to ensure that everyone in Weston is safer:**

When communities have strong relationships with law enforcement - more crime is reported, and people seek necessary help and medical care.

Local law enforcement focus their limited resources and time on ensuring the safety of our communities and enforcing local laws.





concern over COVID-19 to provide a clean and safe space for our guests and team members.

Covid-19 update

We are vigilant about sanitation, and have put into place new protocols and implemented CDC recommendations to keep our space safe and open for business.



We kindly ask that, if you are experiencing any flu or cold like symptoms at the time of your appointment, or have traveled out of the US in the last month, to respectfully reschedule.

Here's what we are doing to keep you safe and protected: [Click Here](#)

To Our Valued Guests,

Your health, safety and well-being is of the utmost importance to us during these uneasy times.

We want to reassure you that we are taking every precaution due to the

If you have any questions or concerns, please feel free to give us a call at 781.890.9211 or email us at angela@dchristopher.com.

WESTON PLANT POLLINATOR ALLIANCE

Barbara Fullerton

There is a recent awareness of the fragility of the natural world, and declining populations of many species, including birds and insects. Pollinating insects are very important, since we depend on them to pollinate our food crops. Pollinating insects include not just bees, but also wasps, flies, butterflies, moths and beetles. The most well known bees are probably the honey bees, that were imported to North America from Europe. Native bees, however, greatly outnumber honey bees, and they are much more efficient pollinators.

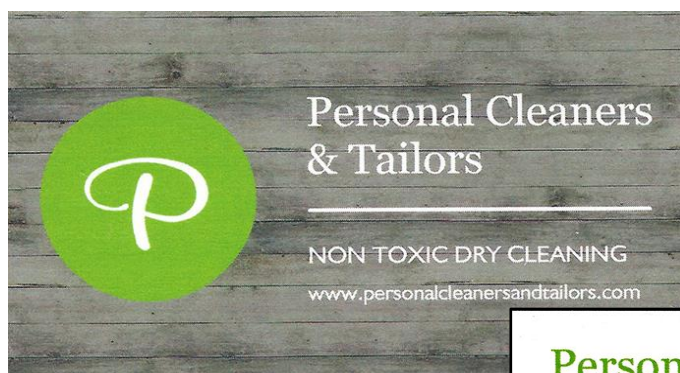


A new organization has been formed, the **Weston Plant Pollinator Alliance (WPPA)**, to help to educate the local community on the different kinds of pollinators and various ways to support them. Pollinator-friendly practices can be followed that will increase their ability to survive and pollinate.

The overall goal is to increase biodiversity in our environment and encourage a healthy ecosystem. All species in our environment are interconnected in important ways that we may not realize until some are lost.

There are several different kinds of threats to pollinators. They are a loss of habitat, climate change effects on species, and the use of pesticides. There are things that we can do in our own environment to reduce the different threats.

The WPPA group plans soon to have a website associated with that of the Sustainability group and to publish regular educational articles on different aspects relating to pollinators.



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Dr. Suzanne Noel



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WESTON COMMUNITY PEACH MARCH/VIGIL

Lenore Zug Lobel

On Wednesday June 3, approximately 400 people attended a peace march/vigil hosted by Weston high school students Bella Simmons and Alton Jenkins to demand justice for George Floyd and to protest the killing of men and women of color, as well as the systemic racism that plagues this country.

The Weston Police and the Weston Board of Health approved the march. Participants met at 10 a.m. on the Town Green wearing masks, carrying signs and standing six feet apart. High school students spoke passionately about why we were marching and described the plan to walk from the Town Green up School Street, turning left on Wellesley Street, left on Maple Street, right on School and back to the Town Green to hear additional speeches.

The Weston Town Police were helpful and supportive, stopping traffic as we crossed Boston Post Rd and Route 20. The event was peaceful and emotional. The students stated that they were proud of the Weston community for its large turnout and support.

Subsequent to the march Alex Carpenter took orders for cookies and Jackie Liu took orders for prints of the portrait of George Floyd that she painted. All proceeds will be going to the NAACP Legal Defense Fund or the MA Bail Fund.



Portrait by Jackie Liu

To see or order the Floyd portrait and other work by Jackie Liu, visit

https://www.inprnt.com/gallery/jackieliu/george-floyd-all-proceeds-donated-to-naacp-legal-defense-fund/?fbclid=IwAR3kOLuvJGC7POhfFEugwk_IzLtQrNHmS0xhhj82Z6hnwn39lmdChg08WkM,

As Martin Luther King stated: "Our lives begin to end the day we become silent about things that matter".



Photos by Lenore Zug Lobel

COUNCIL ON AGING LOCAL AND GLOBAL DISCUSSION GROUP

Thursday, July 9, 1:15 – 3:15 p.m.

The Local and Global Discussion Group of the Weston Council on Aging is ready to re-Zoom its activities in July and August with two special summer meetings scheduled to make up for opportunities lost during the spring due to the COVID-19 crisis.

At the first meeting, on Thursday, July 9, we'll tackle the thorny topic of India and Pakistan. Some of the questions to be covered will include: Considering that both of these nations possess nuclear weapons, could a miscalculation lead to a major disaster? What should India do to address the rising tide of population growth and demands by an increasing number of its people for a better life? What problems confront the United States in its relations with Pakistan? Whither the Kashmir dispute?

This meeting will be led by former Weston resident Jim Jensen and current Weston resident Wayne Johnson.

The second program, to be held on Thursday, August 13, will be devoted to lessons learned from the COVID-19 crisis and how the pandemic will change our world. Details of this meeting are yet to be finalized.

Both meetings will begin at 1:15 pm and continue until about 3. They are open to all with an interest in a civil discussion of the issues.

For further information about the Local and Global Discussion Group in general, about these meetings in particular, or to sign up for one or both of these programs, contact Susan Wagner at 508-733-8810 or susanwgnr@gmail.com



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Arte Salon | Spa is excited to announce that we are offering a new facial treatment. Known as the Sculptra Filler Facial, this treatment has been available for over 8 years in Korea, and has recently made its debut in the US. You may have even read about the treatment when it was featured in an article in Harper's Bazaar last year!

<http://www.harpersbazaar.com/beauty/skin-care/a21229/filler-facial-sculptra/>

The Sculptra facial uses the active, FDA approved, ingredient *Poly L-Lactic Acid*, the same active ingredient that is found in the injectable filler Sculptra®. The unique aspect of *Poly L-Lactic Acid* is that it is able to penetrate the skin with just a topical application. Once absorbed, it acts as a matrix for your own collagen to expand on. The result is a reduction in fine lines and wrinkles!

Results from the Sculptra facial are cumulative. A single treatment treatment can last up to 6 weeks. A series of 3 done a week apart (recommended) can last up to 5 months.

Downtime from the treatment is minimal.



Single Treatment \$225

Series of 3 \$562.50

(Stem Cell Mist for home are included, retail \$95)

Please call [\(508\)358-7282](tel:(508)358-7282)

or visit our website

at www.artesalonandspa.com

to schedule your consultation for a Sculptra
Filler Facial!

RELIABLE INFORMATION FROM THE CENTERS FOR DISEASE CONTROL

The novel coronavirus COVID-19 is uppermost in everyone's mind at the moment. With all the information, misinformation, whispers and gossip swirling around us at this time of uncertainty, we thought the following fact sheet from the Centers for Disease Control might prove useful to anybody wondering what to do if you think you have the virus.

What to do if you are sick with coronavirus disease 2019 (COVID-19)



If you are sick with COVID-19 or suspect you are infected with the virus that causes COVID-19, follow the steps below to help prevent the disease from spreading to people in your home and community.

Stay home except to get medical care

You should restrict activities outside your home, except for getting medical care. Do not go to work, school, or public areas. Avoid using public transportation, ride-sharing, or taxis.

Separate yourself from other people and animals in your home

People: As much as possible, you should stay in a specific room and away from other people in your home. Also, you should use a separate bathroom, if available.

Animals: Do not handle pets or other animals while sick. See [COVID-19 and Animals](#) for more information.

Call ahead before visiting your doctor

If you have a medical appointment, call the healthcare provider and tell them that you have or may have COVID-19. This will help the healthcare provider's office take steps to keep other people from getting infected or exposed.

Wear a facemask

You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) or pets and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then people who live with you should not stay in the same room with you, or they should wear a facemask if they enter your room.

Cover your coughs and sneezes

Cover your mouth and nose with a tissue when you cough or sneeze. Throw used tissues in a lined trash can; immediately wash your hands with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60-95% alcohol covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty.

Avoid sharing personal household items

You should not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people or pets in your home. After using these items, they should be washed thoroughly with soap and water.

Clean your hands often

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty. Avoid touching your eyes, nose, and mouth with unwashed hands.

Clean all "high-touch" surfaces every day

High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables. Also,

clean any surfaces that may have blood, stool, or body fluids on them. Use a household cleaning spray or wipe, according to the label instructions. Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.

Monitor your symptoms

Seek prompt medical attention if your illness is worsening (e.g., difficulty breathing). **Before** seeking care, call your healthcare provider and tell them that you have, or are being evaluated for, COVID-19. Put on a facemask before you enter the facility. These steps will help the healthcare provider's office to keep other people in the office or waiting room from getting infected or exposed.

Ask your healthcare provider to call the local or

state health department. Persons who are placed under active monitoring or facilitated self-monitoring should follow instructions provided by their local health department or occupational health professionals, as appropriate.

If you have a medical emergency and need to call 911, notify the dispatch personnel that you have, or are being evaluated for COVID-19. If possible, put on a facemask before emergency medical services arrive.

Discontinuing home isolation

Patients with confirmed COVID-19 should remain under home isolation precautions until the risk of secondary transmission to others is thought to be low. The decision to discontinue home isolation precautions should be made on a case-by-case basis, in consultation with healthcare providers and state and local health departments.

For more information: www.cdc.gov/COVID19



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League of Women Voters of Weston MEMBERSHIP FORM 2019-2020

The League of Women Voters is a non-partisan, political organization, which encourages informed and active participation in all levels of government and influences public policy through education and advocacy. We serve the local community in many ways:

- Sponsor Candidates and Issues nights before elections
- Provide voter information and conduct voter-registration drives
- Encourage voter participation with banners and rides to the polls
- Study local, state and national issues and hold open meetings
- Act upon carefully considered positions by lobbying and circulating petitions
- Publish a "Know Your Town" booklet
- Train members to be active and involved citizens.

Our membership year runs from July 1 to June 30. As a Weston member, you also belong to and receive publications from the State and National Leagues.

Name _____ Date _____

Address _____ Phone _____

Email _____ Check one: ☐ Renewal ☐ New Member

I enclose a check made payable to **The League of Women Voters of Weston*** for:

- \$60 Individual Membership (covers required local dues to the State and National Leagues)
- \$85 Family Membership (two individuals in the same household)
Name of second household member: _____

Any contributions above and beyond regular dues are greatly appreciated and assist our local league in providing more services and offsetting our operating expenses.

\$_____ TOTAL ENCLOSED

☐ \$_____ LWV Education Fund (Tax-deductible contribution made payable by separate check to the LWV Education Fund)

Return form to: Katty Chace, 15 Conant Rd., Weston, MA 02493

Do you know a friend who might be interested in joining the League of Women Voters?

Name, address & phone _____

* It is the policy of the LWV of Weston that no resident shall be refused participation in the League because of inability to pay. If a hardship preventing payment of dues exists, please contact Katty Chace at 781-891-1087.